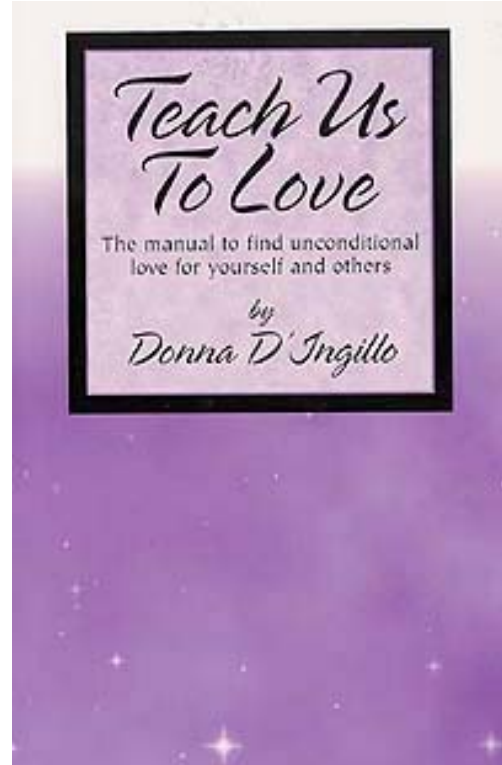


## EXCERPTS FROM TEACH US TO LOVE

### Chapter 1: God's Approach to Humans (page 21)

God, in the capacity of Divine Parent, has an infinite personality that is capable of having a relationship with each child. In knowing who God is, you will begin to understand Spirit's nature. God, as Spirit, is nothing less than the most loving, compassionate, kind, understanding, forgiving, merciful friend and parent you will ever know. God is spirit. And spiritual reality is everything that is true, beautiful, and good. So there is nothing in God's nature of hatred, anger, or jealousy. At the level of reality where Spirit resides, nothing exists that humans might consider ugly; it is nonexistent or unreal to God. There is nothing negative in the Universal Father/Mother; in Spirit there is only *perfect* goodness and love. However, at the level of reality where humans live, this is not so.



### Chapter 2: The Human Approach to God (page 28)

The ability to feel and know the love of God is lying dormant within your hearts, minds, and souls. Most people do not recognize that it is there. Most individuals have not been raised to develop a personal relationship with God, nor do they understand how to accomplish this. Spiritual development has usually been relegated to religious institutions, which generally focus on dogma and ritual, with little attention being paid to feeling the personal presence of your Creator in everyday living. How many times do you take a break during the day to commune with our Father/Mother? Yet, if you were to do this throughout the day, you would find yourself being uplifted and transported beyond the problems you experience. You would find a realm of tranquility and rest, and in this repose you would find the strength and other spiritual coping tools you need to accomplish the tasks you must perform or handle the problems you face.

### Chapter 4: God's Gift - The Inner Spirit (page 34)

But beyond that, your spirit wants to give you the greater understanding of its Source. God, as the source of the personal inner spirits, has all the answers to every question you will ever ask, even for your most troubling problems. All you need to do to answer the questions of your life is to ask the inner spirit and then listen. If you sincerely wish to discern the answers in a spiritual manner – in a way that gives greater understanding of God's ways, or the universal laws of truth – then the spirit guide will gladly and patiently assist you to learn that which you most wish to know.

### Chapter 6: Seeking the Stillness (page 53)

Communion with God, communion at the spiritual level, is the highest form of human communication. Talking with God transcends the state of mental relaxation because it gives the indwelling spirit the opportunity to imprint spiritual truth onto your mind. *When you have achieved a mental relaxation and stay at that level without reaching beyond to the spiritual level of communion with God, you will feel peaceful and perhaps blissful, but you will not reach the deeper level of enlightenment, understanding and love that truly teaches you the best way to live.* Your inner spirit waits for this opportunity so that it can communicate our Creator's love to you.

## **Chapter 8: Dependence Upon God** (page 75)

*Your mistakes have nothing to do with worthiness.* They are merely a teaching mechanism. You are precious, important, and acceptable to our Creator just the way you are. God *always* loves you and gives you the necessary assistance to help you learn. If you fear making mistakes and suffering consequences, you will not be able to seek the answers. You need loving guidance to see the better way. God will help you understand why you must learn by experience, accept your mistakes more gracefully, and judge yourself less harshly.

## **Chapter 9: Forgiveness** (page 86)

In the act of forgiving others for their misdeeds, you allow yourself the opportunity for greater insight into their motivations and behavior. Understanding why someone acts in a certain way kindles feelings of compassion for them. And if you allow compassion the fullest range of expression, love begins to bloom. This is why forgiveness is vital to spiritual growth and to universal functioning. Forgiveness ultimately grows love if it is tended by a sincere heart and allowed to blossom to the fullest extent. When you feel love for one another, you accept the fact God loves them, that they have an inner spirit. The sooner you realize and practice this, the faster will your world be healed of its evil. There is no room within God's family for anything but love, tolerance, compassion, kindness, patience, understanding, truth, beauty, and goodness.

## **Chapter 12: Prayer** (page 104)

A vast spiritual circuitry has been put in place. It is a complex interlacing of spiritual, mindal, and physical energies whose purpose is to transmit the love God has bestowed for administering the universe. This circuitry touches every one of our Universal Father/Mother's children. These energies are used by many different spiritual beings, beautiful celestial helpers who assist our Creator in carrying out the plan of organization and function in a universe dominated by love. Prayer is one of the communication methods the Divine Creator employs to help all beings awaken to the joys of spiritual living. It is a most effective means of awakening them to the truth, beauty, and goodness of living in God's family.

## **Chapter 13: Faith and the Inner Religious Experience** (page 121)

Faith is active, living, dynamic. It is revealed in your decisions and actions. It inspires you to live according to the higher ideals of spiritual reality. It compels you to seek truth, inspires you to appreciate beauty, and motivates you to be good. Faith transforms the commonplace into the sublime by elevating your basic human nature to spiritual status through your relationship with divinity. You are not just a child of this world – you are a child of the universe, and as such you have an eternal purpose and goal! Faith replaces your hope for a better future with the assurance of a glorious destiny that awaits you.