

VERONICA

NOVEMBER 21, 1994

PRAYER

Volcano, Hawaii - #38

Cherished receivers of divine love,

The gentle and affectionate messages imparted to you are always intended to cultivate the reflective insight of dynamic perception. The design of their significance is to triumphantly freshen the atmosphere of your soul by encouraging you to nourish your mind with the truth of the Father and become sensitive to feeling the love of the Father so that you can devote your will to Him. The greatest importance of all the direction and guidance you have received is to perfect your ability of effective personal prayer and reverential worship. Understand that your effort toward effortless receptivity stirs His will within you when yours is at rest. It is the act of loving the Father with as much intensity as can be brought into your consciousness that will enable you with great resolution to persevere with a strength of practice in virtue.

Never separate prayer from your practice of stillness, as genuine prayer is an attitude to call upon the light within you to lift your thoughts toward ultimate communion with Him. Make all your prayer flourish in your mind rather than in well-intentioned utterances, because patterned words can lead to loss of power and dissipate the resilient sense of His presence that you seek.

Think of prayer as interior silence that will irrigate your spirit with the purified waters of intimacy and serenity. Prayerful contemplation will develop a loving and peaceful attendance with Him that will unleash unused abilities of the spirit that will naturally evolve into reverential worship and venerated adoration.

If you approach your special contemplation with a sense of duty or obligation, it relinquishes its sincerity, so firmly root your intentions in the Father. Follow the living teachings of perfection of our beloved Creator Son in his exceptional communion with the Father as he sojourned through the trials of mortal existence and absorb the beauty and simplicity of His example, and the growth of your spirit will touch the beatific union of ultimacy you both desire.